Prinsip-Prinsip Kognitif Pembelajaran Multimedia: Peran Modality dan Contiguity Terhadap Peningkatan Hasil Belajar
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Genius Hari Ini, Dungu Esok Hari? Studi Awal Flynn Effect di Sidoarjo
Sia Tjundjing

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<table>
<thead>
<tr>
<th>No.</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>The Cognitive Principles of Multimedia Learning: The Role of Modality and Contiguity in Raising Learning Outcome</td>
<td>-</td>
</tr>
<tr>
<td>2</td>
<td>Genius Today, Idiot Tomorrow? Study of Flynn Effect in Sidoarjo</td>
<td>-</td>
</tr>
<tr>
<td>3</td>
<td>Brand Attitude of Classical Conditions</td>
<td>-</td>
</tr>
<tr>
<td>4</td>
<td>The Effects of Type A Personality to Job Stress Middle Managers</td>
<td>-</td>
</tr>
<tr>
<td>5</td>
<td>Pattern of Marriage Adjustment among Couples at Early Period</td>
<td>-</td>
</tr>
<tr>
<td>6</td>
<td>The Relationship between Perception to the Parental Authoritative Childrearing and Tendency to Shyness on the Early Adolescence</td>
<td>-</td>
</tr>
</tbody>
</table>
The Effects of Type A Personality to Job Stress Middle Managers

Abstract

The research is designed to study the effects of type A personality to job stress and job performance middle managers in the company in Central Java. Subjects consisted of 145 middle managers of companies in entral Java, Indonesia. A estionnaire constructed by Friedman & Rosenman (1974) is used to assess the type A personality. A role self inventory constructed by Philip (1990) is used to assess the role stress. A job stress questionnaire by Spielberger (1991) is used to assess job stress. The SPSS/PC+ is used to analyze the collected data. The statistical methods used are Multiple Regression. The results obtained indicate that there are significant effects of type A personality and role to job stress middle managers in the companies.

Keyword : type, A, personality, job, stress, middle, manager, in, Central, Java,

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European Review of Applied Psychology


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